



HDA

HOLISTIC DENTAL ASSOCIATION

Since 1978 Alternative Dentistry for the 21st Century

45TH Annual Symposium

APRIL 21-23, 2022



OMNI HOUSTON HOTEL
4 Riverway
Houston, Texas 77056



FOR MORE
DETAILED
INFORMATION:

HOLISTICDENTAL.ORG/2022-MEETING

The Leader in Holistic Dental Education

THURSDAY WORKSHOPS

Non-Surgical Periodontics



Craig Zunka DDS, HDA Past President, and **Polly Hovetter RDH**, over 30 years experience treating nonsurgical perio.

The Non-Surgical Periodontics Workshop will encompass many tools, techniques, and a wealth of knowledge. We will discuss formulating a diagnosis utilizing a phase contrast microscope, Oral DNA testing, what solutions and medications to use, frequency of treatment and what should be done at each appointment, how to interpret blood chemistry, what vitamins and minerals can be used for healing and increasing bone density, what you should know about calcium metabolism, the effects of stress on cortisol and healing, and use of Omega-3 fatty acids.



Cranial Osteopathy



James Kennedy DDS practices in Grand Junction, CO His practice is limited to TMJ treatment, Sleep Apnea and Orthodontics. He is an active member of the WGSTD study club, dedicated to teaching dentists cranial osteopathy. Currently, he organizes and helps teach the basic cranial course for the study club. Cranial Osteopathy is a valuable asset in his practice in diagnosing and treating his patients.

This Workshop will familiarize attendees with the philosophy of osteopathic treatment, anatomy of the cranium and the physiological forces driving the cranial mechanism. Particular attention will be given to integrating dental treatment and cranial manipulation for all areas of dentistry. Over 65% of the workshop will be dedicated to hands-on exercises, teaching how to feel and interpret cranial bone motion and function. Learn basic treatment applications to take back to the office and use Monday morning.

The Misunderstood and Often Intentionally Misrepresented Facts and Fallacies Regarding Healthy and Unhealthy



David Getoff CNC, CNN, Vice-President of the 69-year-old Price-Pottenger Nutrition Foundation, will discuss what is considered "Healthy" and "Unhealthy." His Workshop will cover a wide range of subjects--fats and oils; beef and lamb protein sources; why poultry may NOT be a healthier choice; Hg in fish; issues with starch based foods and most soy foods; healthiest and least healthy sweeteners; the difference between Roundup® and glyphosate; the best food pyramid; what we need to know about water to stay healthy; what do Paleo and Keto mean; is dairy good, bad or both; fruit and fruit juices; Dr. Getoff's favorite cook books; and the basic 7 nutritional supplements.

Holistic Dentistry 101



Bernice Teplitzky DDS, AIAOMT, the current HDA President, practices in Chicago, IL. During a surgical procedure in her GPR residency she realized, "there must be a more natural way to practice dentistry." She is a Fellow of the Academy of General Dentistry, an accredited member of the IAOMT and SMART certified. She has a Naturopathic Medical Doctor Board Certification, along with a degree in Integrative Biologic Dental Medicine.

Workshop participants will learn what "Holistic Dentistry" is, helping new and seasoned dentists and staff understand what patients are looking for when they contact the office. Learn the therapeutic methods dental practitioners need to know and the materials needed to practice dentistry holistically, expanding their practice. This Workshop is a comprehensive overview, an introduction to the use of holistic modalities in dentistry. More courses are required to get an in-depth understanding of each of the modalities that are presented.

FRIDAY SPEAKERS

Three Simple Steps for Healthier Sleep



Stasha Gominak MD, a neurologist, has dedicated her practice to the treatment of sleep and sleep disorders, since 2004. In 2012 and 2016, she published two pivotal articles about the global struggle with worsening sleep and the possible causes and solutions, related to vitamin D deficiency and the intestinal microbiome. In 2016, she retired from her office practice to have more time to teach.

New brain science discoveries show that sleep is entrained to our planet's annual cycle by sunlight producing vitamin D on our skin, allowing us to sleep longer and gain weight in winter. Avoiding the sun has left us with a global epidemic of sleep disorders and a changed microbiome that are both linked

Etiology, Therapy & Maintenance for Peri-Implant Disease



Thomas G. Wilson, Jr DDS - The number of patients suffering from peri-implant disease is increasing. There are continued questions concerning the etiology and treatment of the problems. This presentation will cover new data on these topics. The role of foreign bodies, including cement and titanium found in soft tissues surrounding implants affected by these diseases, will be discussed. The effect of early and late colonizing bacteria on the implant surfaces and their role in the production of these foreign bodies will also be detailed. New therapeutic modalities will be discussed including appropriate methods for removing biofilm from infected implant surfaces and how these approaches may or may not result in new attachments to implant surfaces previously covered with biofilm.

Most people are now (finally) aware that a **Multi-Disciplinary Approach to Healthcare** achieves the best results. These approaches can include Dental Orthopedics, Structural Care, Cranial Orthopedics, Nutritional Support, Myofunctional Approaches, and much more.

Timing Matters! The Syntax of Multi-Disciplinary Care-Chirodantics®



Robert Walker DC is an advocate of Multi-Disciplinary Dental / Cranial / Structural / Nutritional philosophies of treatment. He is the founder of the **Chirodantics®** treatment paradigm. It is not only **WHAT** you do that matters. **WHEN** you do it can be just as important! This is especially true in the application of "Multi-Disciplinary Approaches" in Healthcare.

Dr. Walker has been involved in this paradigm for over 30 years and has developed one of the most effective treatment strategies available--**the SYNTAX of CARE**. His lecture will discuss the importance

CONTINUING EDUCATION

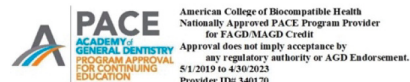
Thursday Workshops 8 CE available

Friday Saturday Attendees invited to Thursday Evening Presentations

Thurs Evening 1 CE available

Fri Presentations 6 ½ CE available

Sat Presentations 6 ½ CE available



SATURDAY SPEAKERS

Clinician Confidential: How Industry hacked the health professions, and how to hack them back



Robert H. Lustig MD, MSL is Emeritus Professor of Pediatrics in the Division of Endocrinology at the University of California, San Francisco. Dr. Lustig's career has focused on the regulation of energy balance by the central nervous system and the pathogenesis of chronic disease, such as type 2 diabetes. He is one of the leaders of the "anti-sugar" and "real food" movements to improve global health. Dr. Lustig is the author of 200 academic works and of the popular books "Fat Chance: Beating the Odds Against Sugar, Processed Food, Obesity, and Disease," the "Fat Chance Cookbook," and "The Hacking of the American Mind: The Science Behind the Corporate Takeover of our Bodies and Brains."

Regenerative Dentistry



Eric Zaremski DDS, OFM, FACE - His presentation will give you an understanding of the use of regenerative tools to help heal the oral environment. You will learn about the uses of ozone, exosomes and peptides to help heal tissues faster with less morbidity and more comfort for the patient, resulting in more predictable results for the practitioner. Understand how ozone can allow your office to be a safer environment to exist and practice within.

The Fundamentals of C - From Coverup, Conspiracy to Confusion of Critical High Dose Vitamin C Therapies



Lior Sher, JD is the Founder and CEO of PUR-C and VCICI. Lior is a leading expert on critical Vitamin C therapies. She trains physicians and dentists worldwide on high dose vitamin C protocols, an area which has been vastly misunderstood and misapplied for decades. Learn how to use the oxidative therapy of vitamin C to boost the immune system of your patients - mitigating, canceling, and neutralizing viral and bacterial infections.

Bioenergetics vs. Biochemistry & the Evolution of Disease



Rachaele Carver-Morin DMD - Using nutrition education and energetic and eastern medicine modalities she guides her patients in regaining their health. Understand how energy from EMFs, toxins, negative emotions, sounds and colors affect the body and how to utilize this knowledge to discover the root cause of disease and reverse its process. Learn strategies that can be implemented immediately on returning to the office. Learn how to diagnose negative energy and apply simple steps to help your patients achieve balanced energy and prevent disease.

How to Make it Happen: The how, what, where of putting safe amalgam removal practices into your office - today



Vince Sessions DDS, CIABDM, AIAOMT - Dr. Sessions will present the art of safe amalgam removal in a holistic dental practice. He will discuss safety equipment; room set up; basic techniques; how to talk to patients.

ACCOMMODATIONS

OMNI HOTEL HOUSTON
4 Riverway • Houston, TX 77056
713-871-8181
Deluxe Rooms: \$149 + taxes / night
Rate guaranteed to March 30, 2022
HolisticDental.org/2022-Meeting

April 21-23, 2022 HDA MEETING REGISTRATION

DATE: _____ HDA MEMBER: YES NO
NEW MEMBER: _____ DEGREE: _____
NAME: _____
ADDRESS: _____
CITY _____ STATE _____ ZIP _____
PHONE: _____
EMAIL: _____

NAMES OF AUXILIARIES ACCOMPANYING DOCTOR Discounts For Multiple Staff Members Attending

1 _____
2 _____

REGISTRATION FEES

WORKSHOP THURSDAY, APRIL 21

HDA MEMBER \$500
 AUXILIARIES \$325

THURSDAY-FRIDAY, APRIL 21 & 22

HDA MEMBER \$775
 AUXILIARIES \$475

FRIDAY-SATURDAY, APRIL 22 & 23

HDA MEMBER \$700
 AUXILIARIES \$425

3 DAY SYMPOSIUM, THURSDAY-SATURDAY

HDA MEMBER \$895
 AUXILIARIES \$525

*Fees include lunch, served on Thursday & Friday
IABDM & IAOMT Members pay HDA Member fees
Non-HDA Member, add \$50 to each fee
Registering After April 8, add \$50 to each fee*

WORKSHOP ATTENDEES CHOOSE AND CIRCLE **ONE**

- 1) "Non-Surgical Periodontics"
- 2) "Cranial Osteopathy"
- 3) "Facts and Fallacies Regarding Healthy & Unhealthy"
- 4) "Holistic Dentistry 101"

NOT AN HDA MEMBER? NEW MEMBERSHIP SPECIAL
\$195 WITH MEETING REGISTRATION (REG \$295)

TO REGISTER: EMAIL director@holisticdental.org | OR CALL 305-904-4346

OR MAIL TO: Holistic Dental Association | 1825 Ponce de Leon Blvd #148, Coral Gables, Florida 33134

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